

Assessments for mental health issues can be useful in diagnosing mental health disorders; and helps with the development of strategies to manage or overcome mental health challenges..

Formal assessments can help to identify strengths, weaknesses. and provide clarity of a path forward for mental health care. Assessments are helpful in identifying levels of symptoms objectively. Assessments can vary from person to person and inclusion and combines observations, checklists/ questionnaires, standardized paper-pencil and computer assessment.:Sample

- intake appointment (1.5hr)
- admin: testing (2.5hr)
- admin: scoring, analysis (2hr)
- admin: assessment materials (1hr)
- admin: report writing (2hr)
- admin: integration, review (1hr)
- Debrief / feedback session 1hr

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Cost:

The professional fee is \$230 p/h. Flat fee of \$2530 includes all professional hourly fees, assessment materials, educational hand-outs and a copy of the formal written report.

Fees are payable via e-transfer or credit card with 50% at the onset and the remainder once the report is completed.